

**SUMMER
2010**



"LEARN TO SKATE" at NANTUCKET ICE



The Christopher Nugent Bovers Community Rink



- * Skating classes are coached by Kristin DeFrancisci and Belinda Yancy. Assistant coaching provided by members of the Nantucket Skating Club.
- * Power Skating led by Jason Scavilla.
- * Nantucket Ice offers family discounts for multiple registrations within a family.
- * Rental Skates are \$2 during classes.
- * Private and semi private skating lessons are also available with coaches Kristin DeFrancisci 508 362 5085, Belinda Yancy 508 241 1755 and Laura Edmunds 508-360-6069.

LEARN TO SKATE BEGINNERS

Tuesdays 4 pm
\$150/8 weeks
June 29, July 6, 13, 20, 27
Aug 10, 17, 24



Beginners ages 4-6 or those with little experience.

LEARN TO SKATE BASIC SKILLS LEVELS 1-8

Tuesdays 4 pm
\$150/8 weeks
June 29, July 6, 13, 20, 27
Aug 10, 17, 24



Refine basic skills with focus on gliding, turning & edges; advance to beginning spins and jumps

POWER SKATING

with Jason Scavilla
*For Mites thru
High School*
Mondays at 6 pm
8 weeks/\$150
pre-register at the rink



Leg Drive & Recovery, Technique & Form, Knee Bend & Body Position, Weight Shift, Hockey Specific Maneuvers, Powerful Strides & Acceleration, Balance Agility, Mobility, Starts and Stops.

June 28, July 12, 19, 26, Aug 2, 9, 16

ADVANCED FIGURE SKATING CLASSES

Mondays 4 pm Fridays 4 pm
Beyond the Basics/Power Performance & Edges/Power

*For information and registration, please contact
the Nantucket Skating Club www.nantucketskatingclub.com*

WEEK LONG
Hockey and
Skating Clinics
All Summer!
please check our
schedule
www.nantucketice.org



for adults
ICE-R-CISE
Thurs mornings
7:00 to 7:50 am

10 minute warm up
Half hour group instruction
10 minutes with instructor available

Hockey or Figure skaters welcome.
Some skating skills required.
\$80 for 8 classes or \$20 drop in
July 1, 8, 15, 22, 29, Aug 5, 12, 19

LEARN TO SKATE for ADULTS
Weekly/Dates and Times TBA



Eat in or
take out
228-7426

Thai snack bar at the rink

PO BOX 3155, NANTUCKET, MA 02584
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www.nantucketice.org
email: iceskate@nantucket.net

